



State of Wisconsin / Educational Approval Board

30 West Mifflin Street
P.O. Box 8696
Madison, Wisconsin 53708-8696
Phone: (608) 266-1996
Fax: (608) 264-8477
EABmail@eab.state.wi.us

Jim Doyle
Governor

David C. Dies
Executive Secretary

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For more information, contact:
David C. Dies, 608/266-1996
Pat Sweeney 608/266-1354

EAB Approves Yoga Teacher Training Schools

Madison, WI – The Educational Approval Board (EAB) announced today its approval of four new private schools which offer 200-hour yoga teacher training programs. In approving the schools and their programs, the EAB incorporated national standards from the Yoga Alliance, a professional organization that sets yoga teacher standards, registers qualified yoga teachers, and registers yoga schools whose teacher training programs meet its standards.

"The regulation of yoga teacher training is a new area of oversight for the EAB. Given the emergence of yoga instruction as a profession, it was determined schools offering yoga teacher training needed EAB approval," stated David C. Dies, EAB Executive Secretary. "The existence of a nationally-recognized standard for the training and registering of qualified yoga teachers lead the EAB to conclude that Wisconsin consumers would be best served by ensuring yoga teacher training schools met the Yoga Alliance standards," he added.

According to the [Yoga Journal](#), it is estimated that 20 million Americans regularly practicing yoga and many health clubs, fitness centers, hospitals, and wellness centers are offering yoga as part of holistic health programs. "There are countless independent yoga classes in every city throughout Wisconsin," said Dies. The EAB's oversight of yoga teacher training schools attempts to meet its mission of protecting consumers, setting recognized quality standards, and establishing a level playing field for programs training yoga teachers."

The four new private schools offering yoga teacher training programs approved by the EAB are: Feel Your Best Studio in Mequon; Alignment Yoga in Blue Mounds; Kanyakumari Ayurveda Education & Retreat Center, Inc. in Fox Point; and, Midwest Power Yoga in Appleton.

The EAB is an independent state agency responsible for protecting Wisconsin's consumers by regulating and monitoring for-profit postsecondary schools; out-of-state, non-profit colleges and universities; and in-state, non-profit institutions incorporated after January 1, 1992. The agency currently oversees more than 130 schools and colleges serving more than 30,000 adults in degree and non-degree programs.

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